## **GET READY FOR THAT**

# OVERSEAS MOVE



#### STEP 1

# **EMAIL THE FAMILY MEMBER TRAVEL SCREENING (FMTS) CELL**



Email the FMTS Cell to learn about the overseas suitability screening process at <u>SMB\_HQMC\_FMTS@usmc.mil.</u>

- Learn how the FMTS Cell can help.
- Get connected with the appropriate Military Treatment Facility Office.
- · Learn about expected timelines.

## STEP 2

# MEDICAL, DENTAL, AND EDUCATIONAL SCREENINGS



Complete medical, dental, and educational screenings with the overseas suitability screening office.

- · Complete medical suitability screening ASAP.
- Contact FMTS Cell if you have not received suitability results within the estimated timeline – 30 days/Marine and 60 days/family members.

#### STEP 3

## FINALIZE WITH YOUR LOSING COMMAND



Finalize your screening with your losing command and contact your IPAC/Admin Office.

- · Initiate your area clearance and command sponsorship.
- · Schedule household goods shipment.
- Schedule travel arrangements.

#### STEP 4

### **NEED MOVING RESOURCES?**



- Attend the Permanent Change of Station (PCS) OCONUS Workshop.
- · Learn what is required for your family pet to move with you.
- Learn how to ship/store your vehicle.

