

#7177 **SUBSTITUTIONS MAY OCCUR.** Menu Subject to Change Substiutes available to children with food allergies or intolerance on CYP website. See "Allergy Substitution." Infants are fed formula or breastmilk on demand.

ALPHA WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider					September 1, 2023
<b>BREAKFAST</b>					
Fruit					Pears
Meat or Meat Alternative (optional)					
Grains					Oatmeal Cereal
Milk*, Fluid					Formula/ Breast Milk On Demand
Condiments					
<b>LUNCH</b>					
Fruit					Apples
Vegetables					Carrots
Meat or Meat Alternative (optional)					
Grains					Oatmeal Cereal
Milk*, Fluid					Formula/ Breast Milk On Demand
Condiments					
<b>SNACK</b>					
Fruit					
Vegetables					
Meat or Meat Alternative (optional)					
Grains					Whole Wheat Pita Bread Wedges
Milk*, Fluid					Formula/ Breast Milk On Demand
Condiments					Jelly, Apple Butter
Last Snack					KIX

Please Note: Infants<12 months will not be served "cheese products" such as cream cheese \* Infants/Pre-todds will eat Applesauce \*\* Infants/Pre-todds will eat lightly steamed carrot shreds\*\*\*Infants/Pre-todds will eat crushed pineapple\*\*\*\*Infants/Pre-todds will eat mixed fruit (For infants and those with allergies parent signature is required)

**PARENT SIGNATURE:**

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<b>BRAVO WEEK</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
This institution is an equal opportunity provider	September 4, 2023	September 5, 2023	September 6, 2023	September 7, 2023	September 8, 2023
<b>BREAKFAST</b>					
<b>Fruit</b>		Bananas	Apples	Bananas	Sweet Potatoes
<b>Meat or Meat Alternative (optional)</b>					
<b>Grains</b>		Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal
<b>Milk*, Fluid</b>		Formula/ Breast Milk On Demand			
<b>Condiments</b>					
<b>LUNCH</b>					
<b>Fruit</b>		Pears	Apples	Pears	Bananas
<b>Vegetables</b>		Squash	Sweet Potatoes	Green Beans	Carrots
<b>Meat or Meat Alternative (optional)</b>					
<b>Grains</b>		Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal
<b>Milk*, Fluid</b>		Formula/ Breast Milk On Demand			
<b>Condiments</b>					
<b>SNACK</b>					
<b>Fruit</b>		Mandarin Oranges	Stawberries		
<b>Vegetables</b>					
<b>Meat or Meat Alternative (optional)</b>			Dannon Light & Fit Yogurt	Shredded Cheese	
<b>Grains</b>		Whole Grain Cracker Bites	Whole Grain Cherrios	Ritz Crackers	Trail Mix (Cheerios, Kix, Rice Chex)
<b>Milk*, Fluid</b>		Formula/ Breast Milk On Demand			
<b>Condiments</b>					
<b>Last Snack</b>		KIX	KIX	KIX	KIX

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<b>CHARLIE WEEK</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
This institution is an equal opportunity provider	September 11, 2023	September 12, 2023	September 13, 2023	September 14, 2023	September 15, 2023
<b>BREAKFAST</b>					
<b>Fruit</b>	Sweet Potatoes	Apples	Bananas	Pears	Sweet Potatoes
<b>Meat or Meat Alternative (optional)</b>					
<b>Grains</b>	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal
<b>Milk*, Fluid</b>	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand
<b>Condiments</b>					
<b>LUNCH</b>					
<b>Fruit</b>	Apples	Pears	Peaches	Apples	Bananas
<b>Vegetables</b>	Peas	Squash	Sweet Potatoes	Green Beans	Carrots
<b>Meat or Meat Alternative (optional)</b>					
<b>Grains</b>	Rice Cereal	Rice Cereal	Rice Cereal	Rice Cereal	Rice Cereal
<b>Milk*, Fluid</b>	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand
<b>Condiments</b>					
<b>SNACK</b>					
<b>Fruit</b>	Peaches	Strawberries	Pears	Kiwi	Blueberry
<b>Vegetables</b>					
<b>Meat or Meat Alternative (optional)</b>	Sliced Cheese	Dannon Light & Fit Vanilla Yogurt			
<b>Grains</b>	Ritz Crackers	Whole Grain Kix	Whole Grain Saltine Crackers	Whole Wheat Berry Animal Crackers	Trail Mix
<b>Milk*, Fluid</b>	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand
<b>Condiments</b>					
<b>Last Snack</b>	Club Crackers	Club Crackers	Club Crackers	Club Crackers	Club Crackers

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ALPHA WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider	September 18, 2023	September 19, 2023	September 20, 2023	September 21, 2023	September 22, 2023
BREAKFAST					
Fruit	Pears	Bananas	Apples		Pears
Meat or Meat Alternative (optional)				Sweet Potatoes	
Grains	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal
Milk*, Fluid	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand
Condiments					
LUNCH					
Fruit	Sweet Potatoes	Pears	Pears	Apples	Apples
Vegetables	Carrots	Carrots	Peas	Carrots	Carrots
Meat or Meat Alternative (optional)					
Grains	Rice Cereal	Rice Cereal	Rice Cereal	Rice Cereal	Rice Cereal
Milk*, Fluid	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand
Condiments					
SNACK					
Fruit			Mangoes	Apple Slices*	
Vegetables		Carrot Sticks**			
Meat or Meat Alternative (optional)			Dannon Light & Fit Vanilla Yogurt	Cheese Cubes	
Grains	Sweet potato crackers	Whole Grain Cheddar Goldfish Crackers	Whole Grain Cherrios		Whole Wheat Pita Bread Wedges
Milk*, Fluid	Whole Milk (PT) 1% Milk(T, PS)	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand
Condiments		Ranch			Jelly, Apple Butter
Last Snack	KIX	KIX	KIX	KIX	KIX

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<b>BRAVO WEEK</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
This institution is an equal opportunity provider	September 25, 2023	September 26, 2023	September 27, 2023	September 28, 2023	September 29, 2023
<b>BREAKFAST</b>					
<b>Fruit</b>	Sweet potatoes	Bananas	Apples	Bananas	Sweet Potatoes
<b>Meat or Meat Alternative (optional)</b>					
<b>Grains</b>	Oatmeal Cereal				
<b>Milk*, Fluid</b>	Formula/ Breast Milk On Demand				
<b>Condiments</b>					
<b>LUNCH</b>					
<b>Fruit</b>	Bananas	Pears	Peaches	Pears	Bananas
<b>Vegetables</b>	Carrots	Squash	Sweet Potatoes	Green Beans	Carrots
<b>Meat or Meat Alternative (optional)</b>					
<b>Grains</b>	Oatmeal Cereal				
<b>Milk*, Fluid</b>	Formula/ Breast Milk On Demand				
<b>Condiments</b>					
<b>SNACK</b>					
<b>Fruit</b>		Mandarin Oranges	Stawberries		
<b>Vegetables</b>					
<b>Meat or Meat Alternative (optional)</b>			Dannon Light & Fit Yogurt	Shredded Cheese	
<b>Grains</b>	Sweet potato crackers	Whole Grain Cracker Bites	Whole Grain Cherrios	Ritz Crackers	Trail Mix (Cheerios, Kix, Rice Chex)
<b>Milk*, Fluid</b>	Formula/ Breast Milk On Demand				
<b>Condiments</b>					
<b>Last Snack</b>	KIX	KIX	KIX	KIX	Kix

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