



YOUTH SPORTS

MCAS CHERRY POINT



2022

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SEMPER FIT

Located inside the Cherry Tree House, Building 4415, 4th Ave.

what's happening

January

Cheer / League Basketball / Rookies Basketball

Register for: Winter/Spring Tennis Lessons

February

Cheer / League Basketball / Tennis Lessons

Register for: Indoor Soccer / Rookies Soccer /

Start Smart Spring Sports – Baseball & Soccer 1 or 2 / Tennis Lessons

March

Indoor Soccer / Tennis Lessons

Register for: Indoor Soccer / Rookies Soccer / Soccer Camp

Start Smart Spring Sports – Baseball & Soccer 1 or 2

April

Indoor Soccer / Parent & Child Par 3 Tourney / Rookies Soccer / Start Smart Baseball

Register for: Cheer Camp / Hook a Kid on Golf Tee Level 1 or 2 / Jr. Golf Teams / Rookies Soccer

Soccer Camp / Start Smart Soccer 1 or 2 / Tennis Camp 1 & 2

May

Indoor Soccer / Jr. Golf Teams / Rookies Soccer / Start Smart Soccer 2/

Register for: Cheer Camp / Hook a Kid on Golf Tee Level 1 or 2 / Jr. Golf Teams / Rookies Soccer

Soccer Camp / Start Smart Soccer 2 / Tennis Camp 1 & 2

June

Hook a Kid on Golf Tee Level 1 / Jr. Golf Teams / Soccer Camp

Start Smart Soccer 2 / Tennis Camp 1

Register for: Cheer Camp / Hook a Kid on Golf Tee Level 2 / Soccer Camp / Start Smart Fall

Sports – Soccer 3, Football & Basketball / Tennis Camp 1 & 2

July

Cheer Camp / Jr. Golf Teams / Tennis Camp 2

Register for: Cheer Camp / Hook a Kid on Golf Tee Level 2 / Start Smart Fall Sports – Soccer 3,

Football & Basketball / Tennis Camp 2

August

Jr. Golf Teams / Start Smart Soccer 3

Register for: Hook a Kid on Golf Green Level / Start Smart Fall Sports – Football & Basketball /

Fall Tennis Lessons

September

Hook a Kid on Golf Green Level / Start Smart Football

Register for: Hook a Kid on Golf Green Level / Start Smart Fall Sports – Football & Basketball /

Fall Tennis Lessons

October

Start Smart Basketball

Register for: Cheer / League Basketball / Rookies Basketball

November

Cheer / League Basketball

Register for: Cheer / League Basketball / Rookies Basketball

December

Cheer / League Basketball / Rookies Basketball

our mission

It is our mission to ensure that the children who participate in our programs and events have a positive experience in sports by emphasizing learning, participation, and fun.

our philosophy

The Cherry Point Youth Sports program is built around the philosophy that any recreational sport is for kids to learn the sport and have fun. We believe they can do this best when they are taught the fundamentals of the game and when each player is given an equal opportunity to participate in an environment that encourages and even demands good sportsmanship. Competition is an integral and essential part of all sports and we encourage it. Winning championships, however, is not, nor will it ever be, the emphasis of this program.

volunteer

Cherry Point Youth Sports is always looking for individuals who would like to make an impact on a young person's life through coaching. What we are looking for in an individual is:

1. A basic knowledge of the sport
2. A desire to teach
3. A willingness to commit the time it takes to do a good job
4. A love of children

For such individuals, we provide the needed training for the sport through the National Youth Sports Coaching Association. Most importantly, we provide them with the opportunity to make a difference in a kid's life and walk away with a lifetime of great memories.

So, if you think you have what it takes and are up for the challenge, stop by the Youth Sports Office in the Cherry Tree House and complete our coaching application package.



basketball

League Play

We offer team play in three age groups: 7-9 Coed, 10-12 Coed and 13-14 Boys.

Teams in both Coed age groups play against each other while teams in the 13-14 age groups play teams from the surrounding area. (NOTE: Young person's age group determined by their age on December 31.)



Schedule

Nov 1 & 3: Clinics

Nov 7: 10-12 Evals

Nov 8: 7-9 Evals

Nov 12: Team Clinic

Registration begins Oct 1

Rookies

This instructional program is open to 5 & 6 year olds.

Clinics meet for one hour each Saturday morning for six weeks. Participants receive a jersey and a ball.

NOTE: Participants must be 5 by start of the clinic.

Schedule

Registration begins Oct 1

Practice Dates: Dec 3, 10, 17

Practice Dates: Jan 7, 14, 21

Camps

Basketball camps are designed for young folks who are beginners all the way to those playing at an intermediate level. Emphasis is placed on improving in all aspects of the fundamentals of the game.

Schedule

7-12 yr Old Camp: TBA



cheer

This is a non-competitive program with participants cheering for youth basketball games on Saturdays. Open to kids ages 6-10 years old. (NOTE: Must be 6 by start of season.)

Camp

Dates: Jul 11-15 & 18-22

Registration begins April 1



League Cheer

Registration Begins Oct 1

Nov 2 & 9: Clinics

Nov-Dec: Practices

Jan-Feb: Games

We run United States Tennis Association programs specifically designed for younger players. Using larger racquet heads with bigger and slower balls, while playing on smaller courts and lower nets, even the youngest beginners are able to pick up the game rather quickly. Ages 7-12.

tennis

Schedule

Spring Lessons

Saturdays, Mar 12-May 7 (Apr 16 off)

Registration Begins Feb 1

Tennis Camp 1: Jun 13-16

Tennis Camp 2: Jul 25-28

Registration Begins Apr 1

Fall lessons

Saturdays, Sep 17-Nov 5

Registration Begins Aug 1



golf

Hook A Kid on Golf - Tee Level

This instructional program, led by Sound of Freedom PGA pro Jim Ferree, is for 8-15 year olds who have never played the game of golf or have played very little. Sessions run Monday through Thursday mornings. On Fridays, parents join their child (at no additional cost) to play a modified 5 hole course with assistance from the pro.

Schedule

Session 1: June 27-Jul 1 (7:00-10:30am Daily)

Session 2: August 1-5 (7:00-10:30am Daily)

Hook A Kid on Golf Green Level

This is a follow-up program to the HAK Tee Level Clinics and is open to the same 8-15 year olds. Participants should have completed the Tee Level clinics or have experience playing golf.

Schedule

September 6, 7, 8, 13, 14, 15
5:00-6:30pm each day



Golf Team

Cherry Point is a member of the Eastern North Carolina Junior Golf League's Division A, which includes area golf courses in Carteret and Craven counties. We offer boys and girls teams that compete in seven different age groups: Girls 10-11, 12-13 & 14-18; Boys 10-11, 12-13, 14-15, 16-18.

Teams practice at the Sound of Freedom Golf Course at no charge during the season and are coached by PGA pro Jim Ferree. *Note: Age group determined by the young person's age on June 1.*

Schedule

April-May: Registration

May 9: Parents' Meeting at 5:30pm

May-June: Practices

June-July: Regular Season Matches

August: League Finals

Parent/Child Par 3 Tournament

Schedule

Spring: April 24 Fall: Oct 23

NOTE: All of our golf programs and events are sponsored in conjunction with and held at the Sound of Freedom Golf Course. Instruction is provided by PGA teaching pro Jim Ferree.



soccer

Rookies

This instructional program is open to 5 & 6 year olds practices meet for one hour each Wednesday evening for six weeks. Participants receive a t-shirt & ball.

NOTE: Participants must be 5 by start of clinic.

Schedule

Registration begins Feb 1
April 13, 20, 27 - May 4, 11, 18

Challenger International Soccer Camp

These camps are conducted by Challenger Sports, the leading provider of summer soccer camps in the United States, Canada, and Australia with over 2000 communities hosting British Soccer Camps for some 100,000 players. They provide highly trained coaches specializing in teaching kids the game of soccer, "The Challenger Way."

Schedule

June 15-19
July 18-22



Indoor Soccer

We offer team play in two age groups: 7-9 & 10-12. Practices and games are held in The Cherry Tree House during the week Monday through Thursday evenings.

NOTE:

Age group determined by the participants age on April 1.

Registration begins February 1
March 23 & 24:
Evaluations & Team Assignments
March 30: Practice Begins
April (fourth week:) Season Begins

start smart

SPORTS DEVELOPMENT PROGRAM

Start Smart Sports Development programs for 3-5 year olds were created by the National Alliance for Youth Sports to help kids get ready for sports and succeed in life. It is an innovative step by step approach that builds confidence and self-esteem in a fun and safe environment. The program involves parents in the teaching process and offers them teaching techniques and drills to use at home with their child. Additionally, each child receives gear for each sport as well as a t-shirt and a manual for the parents.

NOTE: Child must be 3 by the date of the first practice.

Sports & Schedule

Baseball (*essentially T-Ball*): April 4 - 21

Soccer (*1st session*): May 2 - 19

Soccer (*2nd session*): Jun 6 - 23

Soccer (*3rd session*): Aug 8 - 25

Basketball: Oct 10 - 27

Football: Sept 13 - 29



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