

#7177 **SUBSTITUTIONS MAY OCCUR.** Menu Subject to Change Substiutes available to children with food allergies or intolerance on CYP website. See "Allergy Substitution." Infants are fed formula or breastmilk on demand.

BRAVO WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider	July 3, 2023	July 4, 2023	July 5, 2023	July 6, 2023	July 7, 2023
BREAKFAST					
Fruit	Apples		Apples	Bananas	Sweet Potatoes
Meat or Meat Alternative (optional)					
Grains	Oatmeal Cereal		Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal
Milk*, Fluid	Formula/ Breast Milk On Demand		Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand
Condiments					
LUNCH					
Fruit	Bananas		Apples	Pears	Bananas
Vegetables	Carrots		Sweet Potatoes	Green Beans	Carrots
Meat or Meat Alternative (optional)					
Grains	Oatmeal Cereal		Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal
Milk*, Fluid	Formula/ Breast Milk On Demand		Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand
Condiments					
SNACK					
Fruit			Stawberries		
Vegetables					
Meat or Meat Alternative (optional)			Dannon Light & Fit Yogurt	Shredded Cheese	
Grains	Sweet potato crackers		Whole Grain Cherrios	Ritz Crackers	Trail Mix (Cheerios, Kix, Rice Chex)
Milk*, Fluid	Formula/ Breast Milk On Demand		Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand
Condiments					
Last Snack	KIX		KIX	KIX	KIX

Please Note: Infants<12 months will not be served "cheese products" such as cream cheese * Infants/Pre-todds will eat Applesauce ** Infants/Pre-todds will eat lightly steamed carrot shreds***Infants/Pre-todds will eat crushed pineapple****Infants/Pre-todds will eat mixed fruit **(For infants and those with allergies parent**

signature is required) PARENT SIGNATURE:

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CHARLIE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider	July 10, 2023	July 11, 2023	July 12, 2023	July 13, 2023	July 14, 2023
BREAKFAST					
Fruit	Sweet Potatoes	Apples	Bananas	Pears	Sweet Potatoes
Meat or Meat Alternative (optional)					
Grains	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal
Milk*, Fluid	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand
Condiments					
LUNCH					
Fruit	Apples	Pears	Peaches	Apples	Bananas
Vegetables	Peas	Squash	Sweet Potatoes	Green Beans	Carrots
Meat or Meat Alternative (optional)					
Grains	Rice Cereal	Rice Cereal	Rice Cereal	Rice Cereal	Rice Cereal
Milk*, Fluid	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand
Condiments					
SNACK					
Fruit	Peaches	Strawberries	Pears	Kiwi	Blueberry
Vegetables					
Meat or Meat Alternative (optional)	Sliced Cheese	Dannon Light & Fit Vanilla Yogurt			
Grains	Ritz Crackers	Whole Grain Kix	Whole Grain Saltine Crackers	Whole Wheat Berry Animal Crackers	Trail Mix
Milk*, Fluid	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand
Condiments					
Last Snack	Club Crackers	Club Crackers	Club Crackers	Club Crackers	Club Crackers

Please Note: Infants<12 months will not be served "cheese products" such as cream cheese * Infants/Pre-todds will eat Applesauce ** Infants/Pre-todds will eat lightly steamed carrot shreds***Infants/Pre-todds will eat crushed pineapple****Infants/Pre-todds will eat mixed fruit **(For infants and those with allergies parent signature is required)**

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ALPHA WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider	July 17, 2023	July 18, 2023	July 19, 2023	July 20, 2023	July 21, 2023
BREAKFAST					
Fruit	Pears	Bananas	Apples	Sweet Potatoes	Pears
Meat or Meat Alternative (optional)					
Grains	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal
Milk*, Fluid	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand
Condiments					
LUNCH					
Fruit	Apples	Pears	Pears	Apples	Apples
Vegetables	Green Beans	Carrots	Peas	Carrots	Carrots
Meat or Meat Alternative (optional)					
Grains	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal
Milk*, Fluid	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand
Condiments					
SNACK					
Fruit			Mangoes	Apple Slices*	
Vegetables		Carrot Sticks**			
Meat or Meat Alternative (optional)			Dannon Light & Fit Vanilla Yogurt	Cheese Cubes	
Grains	Whole Grain Cracker Bites	Whole Grain Cheddar Goldfish Crackers	Whole Grain Cherrios		Whole Wheat Pita Bread Wedges
Milk*, Fluid	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand
Condiments		Ranch			Jelly, Apple Butter
Last Snack	KIX	KIX	KIX	KIX	KIX

*Please Note: Infants<12 months will not be served "cheese products" such as cream cheese * Infants/Pre-todds will eat Applesauce ** Infants/Pre-todds will eat lightly steamed*

*carrot shreds***Infants/Pre-todds will eat crushed pineapple****Infants/Pre-todds will eat mixed fruit (For infants and those with allergies parent signature is required)*

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BRAVO WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider	July 24, 2023	July 25, 2023	July 26, 2023	July 27, 2023	July 28, 2023
BREAKFAST					
Fruit	Sweet potatoes	Bananas	Apples	Bananas	Pears
Meat or Meat Alternative (optional)					
Grains	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal
Milk*, Fluid	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand
Condiments					
LUNCH					
Fruit	Bananas	Pears	Peaches	Pears	Bananas
Vegetables	Carrots	Squash	Sweet Potatoes	Green Beans	Carrots
Meat or Meat Alternative (optional)					
Grains	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal	Oatmeal Cereal
Milk*, Fluid	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand
Condiments					
SNACK					
Fruit		Mandarin Oranges	Stawberries		
Vegetables					
Meat or Meat Alternative (optional)			Dannon Light & Fit Yogurt	Shredded Cheese	
Grains	Sweet potato crackers	Whole Grain Cracker Bites	Whole Grain Cherrios	Ritz Crackers	Trail Mix (Cheerios, Kix, Rice Chex)
Milk*, Fluid	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand	Formula/ Breast Milk On Demand
Condiments					
Last Snack	KIX	KIX	KIX	KIX	KIX

Please Note: Infants<12 months will not be served "cheese products" such as cream cheese * Infants/Pre-todds will eat Applesauce ** Infants/Pre-todds will eat lightly steamed carrot shreds***Infants/Pre-todds will eat crushed pineapple****Infants/Pre-todds will eat mixed fruit (For infants and those with allergies parent

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CHARLIE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider	July 31, 2023				
BREAKFAST					
Fruit	Sweet Potatoes				
Meat or Meat Alternative (optional)					
Grains	Oatmeal Cereal				
Milk*, Fluid	Formula/ Breast Milk On Demand				
Condiments					
LUNCH					
Fruit	Apples				
Vegetables	Peas				
Meat or Meat Alternative (optional)					
Grains	Rice Cereal				
Milk*, Fluid	Formula/ Breast Milk On Demand				
Condiments					
SNACK					
Fruit	Peaches				
Vegetables					
Meat or Meat Alternative (optional)	Sliced Cheese				
Grains	Ritz Crackers				
Milk*, Fluid	Formula/ Breast Milk On Demand				
Condiments					
Last Snack	Club Crackers				

Please Note: Infants<12 months will not be served "cheese products" such as cream cheese * Infants/Pre-todds will eat Applesauce ** Infants/Pre-todds will eat lightly steamed carrot shreds***Infants/Pre-todds will eat crushed pineapple****Infants/Pre-todds will eat mixed fruit **(For infants and those with allergies parent signature is required)**

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