

#7177 **SUBSTITUTIONS MAY OCCUR.** Menu Subject to Change Substiutes available to children with food allergies or intolerance on CYP website. See "Allergy Substitution." Chilled Water is available throughout the day. Children 12mo-24mo will be served Whole Milk. Children Age 2yrs and above will be served 1% lowfat

ALPHA WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider					September 1, 2023
BREAKFAST					
Fruit					Apricots
Meat or Meat Alternative (optional)					
Grains					Whole Grain Rice Chex Cereal
Milk*, Fluid					Whole Milk (PT) 1% Milk(T, PS)
Condiments					
LUNCH					
Fruit					Applesauce
Vegetables					Green Beans
Meat or Meat Alternative (optional)					Sliced Ham
Grains					Whole Wheat Flour Tortilla
Milk*, Fluid					Whole Milk (PT) 1% Milk(T, PS)
Condiments					Mustard, Mayo
SNACK					
Fruit					
Vegetables					
Meat or Meat Alternative (optional)					
Grains					Whole Wheat Pita Bread Wedges
Milk*, Fluid					Whole Milk (PT) 1% Milk(T, PS)
Condiments					Jelly, Apple Butter
Last Snack					Chez-its

Please Note: Infants<12 months will not be served "cheese products" such as cream cheese * Infants/Pre-todds will eat Applesauce ** Infants/Pre-todds will eat lightly steamed carrot shreds***Infants/Pre-todds will eat crushed pineapple****Infants/Pre-todds will eat mixed fruit (For infants and those with allergies parent signature is required)

Parent Signature:

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BRAVO WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider	September 4, 2023	September 5, 2023	September 6, 2023	September 7, 2023	September 8, 2023
BREAKFAST					
Fruit		Pineapple Tidbits**	Mandarin Oranges	Bananas	Blueberries
Meat or Meat Alternative (optional)			Egg Patty	Cheese	
Grains		Whole Grain Cherrios Cereal		Grits	Whole Wheat Biscuits
Milk*, Fluid		Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)
Condiments		Jelly, Apple Butter	Ketchup		Jelly, Apple Butter
LUNCH					
Fruit		Strawberries	Diced Pears	Diced Mango	Applesauce
Vegetables		Shredded lettuce, Diced Tomatoes	Broccoli	Sweet Potatoes	Diced Carrots
Meat or Meat Alternative (optional)		Ground Beef, Shredded Cheese	Meatballs	Diced Chicken	Cheese Cubes
Grains		Whole Wheat Flour Tortilla	White Rice	Whole Wheat Dinner Roll	Whole Wheat Bread
Milk*, Fluid		Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)
Condiments		Taco Seasoning	Gravy	BBQ Sauce	Sunbutter, Jelly
SNACK					
Fruit			Stawberries		
Vegetables					
Meat or Meat Alternative (optional)			Dannon Light & Fit Yogurt	Shredded Cheese	
Grains		Whole Grain Goldfish Crackers		Ritz Crackers	Trail Mix (Cheerios, Kix, Rice Chex)
Milk*, Fluid		Whole Milk (PT) 1% Milk(T, PS)		Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)
Condiments					
Last Snack		Cheddar Goldfish	Cheddar Goldfish	Cheddar Goldfish	Cheddar Goldfish

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CHARLIE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider	September 11, 2023	September 12, 2023	September 13, 2023	September 14, 2023	September 15, 2023
BREAKFAST					
Fruit	Mandarin Oranges	Diced Pears	Bananas	Fruit Cocktail	Blueberries
Meat or Meat Alternative (optional)					
Grains	Corn Flakes	Mini Bagel	Whole Wheat Buttermilk Pancakes	Cream Of Wheat	Whole Wheat Wild Berry Muffins
Milk*, Fluid	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)
Condiments		Cream Cheese	Syrup	Brown Sugar	
LUNCH					
Fruit	Diced Mango	Fruit Cocktail	Apple Sauce	Diced Pears	Diced Peaches
Vegetables	Broccoli	Carrots	Corn	Peas	Green Beans
Meat or Meat Alternative (optional)	Beef Patty	Ground Turkey	Meatballs	Diced Chicken	Sliced Turkey, Sliced Cheese
Grains	Whole Wheat Roll	Whole Grain Spaghetti Noodles	Whole Wheat Rolls	Whole Grain White Rice	Whole Wheat Pita Bread
Milk*, Fluid	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)
Condiments	Brown Gravy	Tomato Sauce	BBQ Sauce		Mustard, Mayo
SNACK					
Fruit		Strawberries		Pears	
Vegetables					
Meat or Meat Alternative (optional)		Dannon Light & Fit Vanilla Yogurt			
Grains	Sweet Potato Crackers		Wild Berry Animal Crackers	Whole Grain Saltine Crackers	Trail Mix
Milk*, Fluid	Whole Milk (PT) 1% Milk(T, PS)		Whole Milk (PT) 1% Milk(T, PS)		Whole Milk (PT) 1% Milk(T, PS)
Condiments					
Last Snack	Pretzel Goldfish	Pretzel Goldfish	Pretzel Goldfish	Pretzel Goldfish	Pretzel Goldfish

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ALPHA WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider	September 18, 2023	September 19, 2023	September 20, 2023	September 21, 2023	September 22, 2023
BREAKFAST					
Fruit	Apple sauce	Pineapple Tidbits**	Mandarin Oranges	Bananas	Blueberries
Meat or Meat Alternative (optional)				Cheese	
Grains	Life Cereal	Whole Wheat Biscuits	Whole Grain Cherrios Cereal	Grits	Corn Muffins
Milk*, Fluid	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)
Condiments		Jelly, Apple Butter	Ketchup		
LUNCH					
Fruit	Diced Mango	Apple Sauce	Diced Peaches	Diced Pears	Applesauce
Vegetables	Mashed Potatoes	Green Beans	Broccoli	Diced Carrots	Green Beans
Meat or Meat Alternative (optional)	Meat loaf	Ground Turkey	Meatballs	Ground Turkey	Sliced Ham
Grains	Wheat Roll	Whole Grain Macaroni Noodles	Wheat Rolls	Whole Grain Spaghetti Noodles	Whole Wheat Flour Tortilla
Milk*, Fluid	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)
Condiments	Gravy	Cheese Sauce	BBQ Sauce	Spaghetti Sauce	Mustard, Mayo
SNACK					
Fruit				Apple Slices*	
Vegetables					
Meat or Meat Alternative (optional)			Dannon Light & Fit Vanilla Yogurt	Cheese Cubes	
Grains	Sweet potato crackers	Whole Grain Soft Mini Pretzel	Whole Wheat Wild Berry Crackers		Whole Wheat Pita Bread Wedges
Milk*, Fluid	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)			Whole Milk (PT) 1% Milk(T, PS)
Condiments		Honey Mustard			Jelly, Apple Butter
Last Snack	Chez-its	Chez-its	Chez-its	Chez-its	Chez-its

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BRAVO WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider	September 25, 2023	September 26, 2023	September 27, 2023	September 28, 2023	September 29, 2023
BREAKFAST					
Fruit	Fruit Cocktail	Pineapple Tidbits**	Mandarin Oranges	Bananas	Blueberries
Meat or Meat Alternative (optional)			Egg Patty	Cheese	
Grains	Rice Krispy Cereal	Whole Wheat Biscuits		Grits	Whole Grain Cherrios Cereal
Milk*, Fluid	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)
Condiments		Jelly, Apple Butter	Ketchup		
LUNCH					
Fruit	Tropical Fruit ****	Strawberries	Diced Pears	Diced Mango	Applesauce
Vegetables	Green Peas	Shredded lettuce, Diced Tomatoes	Broccoli	Sweet Potatoes	Diced Carrots
Meat or Meat Alternative (optional)	Diced Chicken	Ground Beef, Shredded Cheese	Meatballs	Diced Chicken	Cheese Cubes
Grains	Linguini Noodles	Whole Wheat Flour Tortilla	White Rice	Whole Wheat Dinner Roll	Whole Wheat Bread
Milk*, Fluid	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)
Condiments	Alfredo Sauce	Taco Seasoning	Gravy	BBQ Sauce	Sunbutter, Jelly
SNACK					
Fruit			Stawberries		
Vegetables					
Meat or Meat Alternative (optional)			Dannon Light & Fit Yogurt	Shredded Cheese	
Grains	Sweet potato crackers	Whole Grain Goldfish Crackers		Ritz Crackers	Trail Mix (Cheerios, Kix, Rice Chex)
Milk*, Fluid	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)		Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)
Condiments					
Last Snack	Graham Crackers	Graham Crakers	Graham Crakers	Graham Crakers	Graham Crakers

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