

#7177 **SUBSTITUTIONS MAY OCCUR.** Menu Subject to Change      Substiutes available to children with food allergies or intolerance on CYP website. See "Allergy Substitution." Chilled Water is available throughout the day. Children 12mo-24mo will be served Whole Milk. Children Age 2yrs and above will be served 1% lowfat

ALPHA WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider	April 3, 2023	April 4, 2023	April 5, 2023	April 6, 2023	April 7, 2023
<b>BREAKFAST</b>					
<b>Fruit</b>	Stawberries	Fruit Cocktail	Blueberries	Banana	Apricots
<b>Meat or Meat Alternative (optional)</b>					
<b>Grains</b>	Whole Grain Life Cereal	Mini Bagel	French Toast Sticks	Cream of Wheat	Whole Grain Rice Chex Cereal
<b>Milk*, Fluid</b>	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)
<b>Condiments</b>		Cream Cheese	Syrup	Brown Sugar	
<b>LUNCH</b>					
<b>Fruit</b>	Diced Mangos	Stawberries	Diced Peaches	Diced Pears	Applesauce
<b>Vegetables</b>	Lima Beans	Green Peas	Broccoli	Diced Carrots	Green Beans
<b>Meat or Meat Alternative (optional)</b>	Diced Chicken	Ground beef	Meatballs	Ground Turkey	Sliced Ham
<b>Grains</b>	White Rice	Whole Grain Macaroni Noodles	Whole Wheat Dinner Rolls	Whole Grain Spaghetti Noodles	Whole Wheat Flour Tortilla
<b>Milk*, Fluid</b>	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)
<b>Condiments</b>	Terriyaki Sauce	Cheese Sauce	BBQ Sauce	Spaghetti Sauce	Mustard, Mayo
<b>SNACK</b>					
<b>Fruit</b>				Apple Slices*	
<b>Vegetables</b>			Carrot Sticks**		
<b>Meat or Meat Alternative (optional)</b>				Cheese Cubes	
<b>Grains</b>	Whole Grain Soft Mini Pretzel	Whole Grain Cracker Bites	Whole Grain Cheddar Goldfish Crackers		Whole Wheat Pita Bread Wedges
<b>Milk*, Fluid</b>	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)			Whole Milk (PT) 1% Milk(T, PS)
<b>Condiments</b>	Honey Mustard		Ranch		Jelly, Apple Butter

*Please Note: Infants<12 months will not be served "cheese products" such as cream cheese \* Infants/Pre-todds will eat Applesauce \*\* Infants/Pre-todds will eat lightly steamed carrot shreds\*\*\*Infants/Pre-todds will eat crushed pineapple\*\*\*\*Infants/Pre-todds will eat mixed fruit*

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<b>BRAVO WEEK</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
This institution is an equal opportunity provider	April 10, 2023	April 11, 2023	April 12, 2023	April 13, 2023	April 14, 2023
<b>BREAKFAST</b>					
<b>Fruit</b>	Fruit Cocktail	Pineapple Tidbits***	Mandarin Oranges	Bananas	Blueberries
<b>Meat or Meat Alternative (optional)</b>			Scrambled Eggs	Cheese	
<b>Grains</b>	Rice Krispy Cereal	Whole Wheat Biscuit		Grits	Whole Grain Cheerios Cereal
<b>Milk*, Fluid</b>	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)
<b>Condiments</b>		Jelly, Apple Butter	Ketchup		
<b>LUNCH</b>					
<b>Fruit</b>	Tropical Fruit ****	Strawberries	Diced Pears	Diced Mango	Applesauce
<b>Vegetables</b>	Green Peas	Shredded Lettuce, Diced Tomatoes	Broccoli	Sweet Potatoes	Diced Carrots
<b>Meat or Meat Alternative (optional)</b>	Diced Chicken	Ground Beef	Meatballs	Diced Chicken	Cheese Cubes
<b>Grains</b>	Linguini Noodles	Whole Wheat Flour Tortilla	White Rice	Whole Wheat Dinner Roll	Whole Wheat Bread
<b>Milk*, Fluid</b>	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)
<b>Condiments</b>	Alfredo Sauce	Taco Seasoning	Gravy	BBQ Sauce	Sunbutter, Jelly
<b>SNACK</b>					
<b>Fruit</b>		Mandarin Oranges	Stawberries		
<b>Vegetables</b>					
<b>Meat or Meat Alternative (optional)</b>			Dannon Light & Fit Yogurt	Shredded Cheese	
<b>Grains</b>	Sweet potato crackers	Whole Grain Cracker Bites	Whole Grain Cheerios	Ritz Crackers	Trail Mix (Cheerios, Kix, Rice Chex)
<b>Milk*, Fluid</b>	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)		Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)
<b>Condiments</b>					

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CHARLIE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider	April 17, 2023	April 18, 2023	April 19, 2023	April 20, 2023	April 21, 2023
<b>BREAKFAST</b>					
<b>Fruit</b>	Mandarin Oranges	Raspberries	Bananas	Fruit Cocktail	Blueberries
<b>Meat or Meat Alternative (optional)</b>					
<b>Grains</b>	Corn Flakes	Mini Bagel	Whole Wheat Buttermilk Pancakes	Cream Of Wheat	Whole Wheat Wild Berry Muffins
<b>Milk*, Fluid</b>	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)
<b>Condiments</b>		Cream Cheese	Syrup	Brown Sugar	
<b>LUNCH</b>					
<b>Fruit</b>	Diced Mango	Fruit Cocktail	Apple Sauce	Diced Pears	Diced Peaches
<b>Vegetables</b>	Carrots	Peas	Corn	Broccoli	Green Beans
<b>Meat or Meat Alternative (optional)</b>	Beef Patty	Ground Turkey	Meatballs	Diced Chicken	Sliced Turkey, Sliced Cheese
<b>Grains</b>	Whole Wheat Roll	Whole Grain Spaghetti Noodles	Whole Wheat Rolls	Whole Grain White Rice	Whole Wheat Pita Bread
<b>Milk*, Fluid</b>	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)
<b>Condiments</b>	Brown Gravy	Tomato Sauce	BBQ Sauce	Cream Of Chicken Soup	Mustard, Mayo
<b>SNACK</b>					
<b>Fruit</b>	Peaches	Strawberries	Pears	Kiwi	Blueberries
<b>Vegetables</b>					
<b>Meat or Meat Alternative (optional)</b>	Sliced Cheese	Dannon Light & Fit Vanilla Yogurt			
<b>Grains</b>			Whole Grain Saltine Crackers	Whole Wheat Berry Animal Crackers	Trail Mix
<b>Milk*, Fluid</b>			Whole Milk (PT) 1% Milk(T, PS)		Whole Milk (PT) 1% Milk(T, PS)
<b>Condiments</b>					

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ALPHA WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider	April 24, 2023	April 25, 2023	April 26, 2023	April 27, 2023	April 28, 2023

#### BREAKFAST

<b>Fruit</b>	Stawberries	Fruit Cocktail	Blueberries	Banana	Apricots
<b>Meat or Meat Alternative (optional)</b>					
<b>Grains</b>	Whole Grain Life Cereal	Mini Bagel	French Toast Sticks	Cream of Wheat	Whole Grain Rice Chex Cereal
<b>Milk*, Fluid</b>	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)
<b>Condiments</b>		Cream Cheese	Syrup	Brown Sugar	

#### LUNCH

<b>Fruit</b>	Diced Mangos	Stawberries	Diced Peaches	Diced Pears	Applesauce
<b>Vegetables</b>	Lima Beans	Green Peas	Broccoli	Diced Carrots	Green Beans
<b>Meat or Meat Alternative (optional)</b>	Diced Chicken	Ground beef	Meatballs	Ground Turkey	Sliced Ham
<b>Grains</b>	White Rice	Whole Grain Macaroni Noodles	Whole Wheat Dinner Rolls	Whole Grain Spaghetti Noodles	Whole Wheat Flour Tortilla
<b>Milk*, Fluid</b>	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)
<b>Condiments</b>	Teriyaki Sauce	Cheese Sauce	BBQ Sauce	Spaghetti Sauce	Mustard, Mayo

#### SNACK

<b>Fruit</b>				Apple Slices*	
<b>Vegetables</b>			Carrot Sticks**		
<b>Meat or Meat Alternative (optional)</b>				Cheese Cubes	
<b>Grains</b>	Whole Grain Soft Mini Pretzel	Whole Grain Cracker Bites	Whole Grain Cheddar Goldfish Crackers		Whole Wheat Pita Bread Wedges
<b>Milk*, Fluid</b>	Whole Milk (PT) 1% Milk(T, PS)	Whole Milk (PT) 1% Milk(T, PS)			Whole Milk (PT) 1% Milk(T, PS)
<b>Condiments</b>	Honey Mustard		Ranch		Jelly, Apple Butter

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