



Visit MCCSCHERRYPOINT.COM for more information on how Marine and Family Programs can best serve you, by providing programs, services, and opportunities that improve the quality of life for Marines and their families. MCCS offers programs related to education, resilience, behavioral health, and overall family readiness. Semper Fit helps keep you physically fit by offering health awareness and nutrition information, health screenings, personal trainers, fitness classes, swimming, and sports. You will also discover a variety of recreation, entertainment, dining, shopping, and other day-to-day activities and services.



MCCSCHERRYPOINT.COM



Military OneSource is your connection to information, answers and support when MilLife happens. We can help you overcome challenges, reach your goals and thrive.



MILITARYONESOURCE.MIL



(800)-342-9647



The Military Crisis Line, text-messaging service, and online chat provide free VA support for all Service members, including members of the National Guard and Reserve, and all Veterans, even if they are not registered with VA or enrolled in VA health care.



VETERANSCRISISLINE.NET



DIAL
(1-800)273-8255
AND THEN PRESS 1



PROGRAM ABBREVIATION KEY

CCP - Community Counseling Program

CDC - Child Development Center

EFMP - Exceptional Family Member

FAP - Family Advocacy

FMEAP - Family Member Employment Assistance Program

I & R - Information, Referral and Relocation

M & FP - Marine & Family Programs

MFLC - Military Family Life Counselor

MOS - Military OneSource

NPSP - New Parent Support Program

PFMP - Personal Financial Management Program

SAP - Substance Abuse Program

SARC - Sexual Assault Response Coordinator

SLS - School Liaison

URC - Uniformed Readiness Coordinator

VAH - Victim Advocacy Helpline



WHERE SHOULD I GO FOR HELP?

A QUICK-ACCESS GUIDE FOR HELPFUL
RESOURCES AVAILABLE ON YOUR INSTALLATION



